



CAVIARDAGE

OBJECTIVES:

- stimulating creativity through the discovery of hidden poetry.
- overcoming the block that a person may have in front of a blank sheet of paper
- initiating an initial approach to poetry without patterns
- Group sharing will help people recount the metacognitive process they followed in choosing words, also expressing the reasons and emotions that guided them to do so.

CHALLENGES&TIPS:

- Struggle to select and connect words
- Some participants may find it challenging to manage their time in the different parts of the activity for the lack of confidence in writing poetry.

TIPS: Offer guidance and emphasize that there's no right or wrong way to create poetry in this format.

PRESENTATION

Caviardage, devised by Tina Festa, encompasses various poetic writing techniques that consist of elaborating poems from already written texts such as pages from scrapbooks, e.g. using old short stories.

Participants will have to try their hand at creating a poem from the pages of an old book.

Caviardage, which comes from the French word caviarder, meaning to censor, i.e. to erase a text with the colour black.

Initial phase: Distribute the pages of an old book to the participants.

Central activity: having the pages of an old book, pictures to cut out and colours and felt-tip pens to draw on, the beneficiaries can bring out the poetry hidden on the page and within themselves by simply choosing the words that strike them most (8/10 words), circling them with a pen or felt-tip pen and erasing everything else. They should then connect these words in any order they like, connecting each word to the other with a line. In this way the person is forming a poem by connecting the words. Intersperses, articles or prepositions can be added between words.

Once the words are connected, you can write the text of the poem on the white border around the page of the book. And decorate the page with colours, attach pictures, etc.

The last step is sharing: one can share one's poem in a group, telling why one chose the words and what emotions are attached to them, or simply reading the poem that arose from the activity of listening to oneself.

PARTICIPANTS: max 10 people

SPACE: A place with tables and chairs, it should be a safe space to share poetries and emotions

DURATION: 30-40 minutes

MATERIAL NEEDED: pages from an old book or newspapers and magazines, markers, pictures to cut out, watercolours scissors, glue