



THE STORY OF YOUR TATTOO

OBJECTIVES:

- Explore how tattoos serve as a form of personal storytelling.
- Encourage participants to share the stories behind their tattoos, fostering self-expression and understanding.
- Facilitate a dialogue on the diverse reasons for getting tattoos, such as honouring someone, expressing ideals, or shaping identity.

CHALLENGES&TIPS:

- Navigate sensitive tattoo stories by creating a safe and respectful space.
- Promote inclusivity by broadening the conversation to include perspectives on body art.

PRESENTATION

How do tattoos tell a story?

Tattoos have for centuries been a form of storytelling – from each line, shape, colour and form tracing a particular narrative. Although not a typical canvas, tattoo artists give a home to meaningful art onto the human body, portraying the person's most cherished stories. A big difference with scars is that they are placed intentionally and are not the result of a traumatic event.

What does a tattoo tell about a person?

According to a study 22% (of 540 individuals) possessed at least one tattoo. Further analyses showed that, compared with non-tattooed individuals, tattooed participants had significantly higher scores on extraversion, experience seeking, need for uniqueness, and held more positive attitudes toward tattoos.

Tell the story of your tattoo:

Is it to honour someone?

Is it about your ideals?

Is it because it expresses a certain identity?

Why did you decide to place the tattoo?

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PARTICIPANTS: +/- 10

SPACE: Everywhere, it should be a safe space to share stories

DURATION: around 10 minutes each one. Depending on the number of participants.

MATERIAL NEEDED: No material needed.

There is the possibility of writing the story down instead of telling it aloud. In this case you will need some paper and pens.